

Favourite Faith-Based Resources



Core Resources

- [Focus on the Family Canada - focusonthefamily.ca](http://focusonthefamily.ca)
- [Parents with Teens - axis.org](http://axis.org)

Books To Read With Your Younger Children

- [The Princess and the Kiss](#) by Jennie Bishop for girls
- [The Locket and the Mask](#) by Jana Spicka for girls
- [The Squire and the Scroll](#) by Jennie Bishop for boys
- [The Story of Me](#) by Stanton L & Brenna B. Jones - ages 3-5
- [Before I Was Born](#) by Carolyn Nystrom - ages 5 - 8
- [How God Makes Babies](#) by Jim Burns - ages 6-9
- [See How You Grow](#) by Dr. Patricia Pearse - a lift-the-flap picture book of what happens inside a Mother's body as a you watch a baby grow
- [God Made Babies](#) by Justin S. Holcomb & Lindsey A Holcomb
- [What's the Big Deal: Why God Cares About Sex](#) - Stanton L. & Jones - Ages 8-11
- [It's Not the Stork! A Book About Girls, Boys, Babies, Bodies, Families and Friends:](#) ages 4 and up by Robie H. Harris and Michael Emberley
- [It's So Amazing! A Book about Eggs, Sperm, Birth, Babies, and Families:](#)ages 7 and up by Robie H. Harris and Michael Emberley
- We found the 3rd book in this series, [It's Perfectly Normal](#) (recommended for ages 10 and up), to have mature and graphic material, as well as perspectives on sex that many parents would not agree with. Some of the illustrations display masturbation, using a condom, and a couple engaging in sex. We do not recommend this book.

Appreciating Your Body

- [God Made Me in His Image](#) by Justin S. Holcomb and Linsey A. Holcomb

Understanding and responding to Gender & Sexuality teaching in schools:

- [Closing the Floodgates](#) by A.E. Gillies, Ph.D. totally worth the price for parents

- God Made Boys and Girls by Marty Machowski - Helping Children Understand the Gift of Gender
- Our Duty - international support network with Canadian chapter for parents who wish to protect their children from gender ideology - not faith-based

Puberty Talk

- The Whole Story for Girls and The Whole Story for Boys- excellent short videos for your kids to watch with you: ages 10-12 and 13-15 - the extra helps for parents to prepare are concise and insightful <https://the.whole.story.thinkific.com/>
- Facing the Facts: The Truth about Sex & You - Stanton L & Jones - Ages 11-14
- Sex and the New You by Richard Bimler for boys ages 12-14
- Sex and the New You by Richard Bimler for girls ages 12-14
- The Ultimate Guys' Body Book: Not-So-Sutpid Questions About Your Body by Dr. Walt Larimore MD and Guy Francis
- The Ultimate Girls' Body Book: Not-So-Silly Questions About Your Body by Dr. Walt Larimore MD and Amaryllis Sánchez Wohlever MD

Teen Culture & Brain Chemistry of Attachment:

- Hooked and Girls Uncovered by Drs. McIlheney and Bush - from MISH (Medical Institute for Sexual Health)

Dating and Sexuality:

- 7 Secrets Guys Will Never Tell You: A Teen Girl's Guide on Love, Sex, and Relationships by Jackie Brewton - amazing resource to have your daughters read
- Finding Your Million Dollar Mate by Randy Pope - for guys or girls - short read
- Questions Kids Ask About Sex: Honest Answers for Every Age by The Medical Institute for Sexual Health
- The Purity Code - by Jim Burns with audio to listen along with your teen

Interviewing Your Daughter's Date:

- Interviewing Your Daughter's Date: 30 minutes man-to-man by Dennis Rainey *****

Bully-Proofing Your Kids:

- Brooks Gibbs Youtube Channel
- The book called: Love is Greater Than Hate

Sexual Integrity:

- Swipe Right: The Life and Death Power of Sex and Romance by Levi Lusko
- What Are You Waiting For? by Dannah Gresh - incredible read for girls
- And The Bride Wore White by Dannah Gresh
- Purity - The New Moral Revolution by Kris Valloton
- Moral Revolution by Kris & Jason Valloton
- What Every 8th Grade Girl needs to Know on YouTube - Noah Couser SOOOO GOOD
- What Every 8th Grade Boy Needs to Hear on YouTube - Noah Couser SOOOO GOOD

Connecting and Staying Connected:

- Hold on to Your Kids - by Gordon Neufeld - the ideological foundation
- Connected Parenting - practical strategies - by Jennifer Kolari - practical
- You're Ruining My Life - Surviving the Teenage Years with Connected Parenting - practical strategies - by Jennifer Kolari
- The Blessing - by Gary Smalley and John Trent
- Languages of Love - by Gary Chapman
- Calm Parenting University YouTube, Newletters, CDs and Seminars
<http://celebratecalm.com/>

The Digital World:

- Smartphone Sanity: A Proven Plan to Protect Your Kids, Build Trust, and Bring Smartphone Balance to Your Home by David Eaton
- Nextalk: podcasts: enabling parents to start the difficult conversations about the hard topics our kids deal with every single day
- Talk: A Practical Approach to Cyberparenting and Open Communication by Mandy Majors
- Media Savvy Moms podcast
- American Academy of Pediatrics Media Plan - an online individualized tool (for each child) to create a media plan for a family
- Center for Parent/Youth Understanding | www.cpyu.org | www.digitalkidsinitiative.com
- Screens and Teens by Dr. Kathy Koch - practical
- Growing Up Social by Gary Chapman and Arlene Pellicane

- Parenting the Internet Generation: A Blueprint for Teaching Digital Discernment - ebook put out by Covenant Eyes

Pornography:

- Good Pictures, Bad Pictures: Porn-proofing Kids - excellent book for children as young as 3 years old by Kristen Jensen and Dr. Gail Polney
- Protect Young Minds Blog by Kristen Jensen, website and facebook
- 10 Ways to Immunize Your Kids Against Porn - youtube by Jensen and Polney
- Father-Son Accountability: Integrity Through Relationship book by John W Forta for parents wanting to prevent pornography addiction in their children
- Fight the New Drug website and resources: <http://www.fightthenewdrug.org/>
- Fortify by Fight the New Drug - free video clips for teens - SOOOO GOOD
- Clean: book by Dr. Doug Weiss
- Josh McDowell's 2015 address to parents/grandparents - cut and paste this link <https://m.youtube.com/watch?v=oOSbUjmuWE>
- www.just1clickaway.org: resources by Josh McDowell to get free from porn addiction
- xxxchurch.com/ : effective coaching, DVDS series on getting free from porn
- www.conquerseries.com/ : 6 DVDS series for men on getting free from porn
- Pure Community - an online portal connecting families affected by compulsive sexual behavior with healing communities and resources across the nation

Online Safety:

- OurKidsOnline.info - movie and comprehensive list of resources from apps & software to books, videos to protect all ages of children
- Qustodio - parental control software -free download through savyparentsafekids.com
- Covenant Eyes - free E-books to download with conversation starters, etc
- Internet Safety 101: www.internetsafety101.org
- Kids Wifi: Simply plug in to transform the online world: <https://kidswifi.com/>

Digital Savy:

- Creating a Tech-Healthy Family: Ten Must-Have Conversations to Help You Worry Less and Connect More With Your Kids by Andrea Davis

- UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World by Dr. Michele Borba
- Building Resilience in Children and Teens: Giving Kids Roots and Wings by Dr. Kenneth R. Ginsburg
- How to Raise Kind Kids: And Get Respect, Gratitude, and a Happier Family in the Bargain by Thomas Lickona

Child Abuse Prevention Books:

- Do You Have a Secret? by Jennifer Moore-Mallinos
- God Made All of Me By Jennifer Moore-Mallinos
- My Body - What I Say Goes by Jayneen Sanders
- I Said NO! A Kid-to-Kid Guide to Keeping Private Parts Private by Kimberly King
- Say "NO!" and TELL! For girls and for boys by Kimberly Perry
- Some Secrets Should Never Be Kept by Jayneen Sanders

Just Great Resources for Children and Teens to Have:

(ask for Grandparents to buy a subscription)

- Brio Magazine for Teen Girls from Focus on the Family
- Clubhouse and Clubhouse Jr for Kids